

How to Reduce the Harms of Using Drugs

Don't Use Alone

You can't administer naloxone to yourself if you're experiencing an overdose. So, make sure someone you trust is with you who can call 911, administer naloxone, and support your breathing in an emergency.



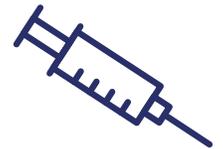
Get Naloxone

Naloxone is the only medicine that can reverse an opioid overdose. Have it with you or nearby and ready to use in the event of an emergency. You can get naloxone for free from many community organizations, through the mail, or at a pharmacy.



Use New Supplies

To avoid an infection, always use new needles and materials (like filters and cookers) every time you use drugs. You can get new supplies at a community-based syringe exchange for free.



Go to a Doctor or Clinic

Injecting drugs can cause infections that can make you sick. Visit the doctor or health clinic at least once a year to get tested for hepatitis C and HIV, or to get care for wounds that don't get better.



Get FREE harm reduction supplies and other resources:

These organizations give out free supplies like naloxone, fentanyl test strips, and new drug use supplies. They can also connect you with wound care, treatment, and other basic needs like food, housing, and peer-to-peer services.

Project Weber/RENEW

45 Willard Ave., Providence, RI 02905
Tel: 401-383-4888

Hours: Mon.-Fri., 9:30 a.m.-4:30 p.m.

36 Park Place, Pawtucket, RI 02860
Tel: 401-867-2882

Hours: Mon.-Fri., 10 a.m.-4 p.m.

Kennedy Plaza, Providence, RI 02903
Hours: Mon.-Fri., 10 a.m.-2 p.m.

AIDS Care Ocean State

557 Broad St., Providence, RI 02907

Tel: 401-781-0665

Hours: Mon.-Fri., 8:30 a.m.-4:30 p.m.

Tues. & Thurs. 6 p.m.-8 p.m.

Community Care Alliance

245 Main St., 3rd Floor

Woonsocket, RI 02895

Tel: 401-235-6044

Hours: Mon.-Fri., 9 a.m.-4 p.m.

For harm reduction supplies, resources, and more information, visit PreventOverdoseRI.org/HarmReduction

February 2026

We all have a role to play in ending the overdose crisis.
What's yours? Find out at PreventOverdoseRI.org

PREVENT
OVERDOSE RI