Rhode Island Substance Use Treatment and Recovery Resources

A Guide for Healthcare Professionals | 2024

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# Rhode Island Substance Use Treatment and Recovery Resources

Rhode Island offers a variety of behavioral health resources and services for people experiencing mental health and/or substance use conditions.

Healthcare professionals are encouraged to use this resource guide to refer patients and/or clients of all ages (from children to adults) to services ranging from immediate crisis management and harm reduction to treatment and recovery support services.

Additional resources are available via the <u>Rhode Island Department of Behavioral Healthcare</u>, <u>Developmental Disabilities & Hospitals</u> (BHDDH) and <u>PreventOverdoseRI.org</u>.



# For immediate crisis services and support:

#### 988 Suicide & Crisis Lifeline

Patients, clients, or their loved ones who are experiencing a substance use crisis, emotional distress, or thoughts of suicide can call or text **988** or chat with **988** at **<u>988lifeline.org</u>** to connect with a trained crisis counselor for support.

## **BH Link Triage Center**

For patients age 18 and older, call or text **988** or chat at **<u>988lifeline.org/chat</u>** to reach BH Link.

Healthcare professionals wishing to make a referral to the BH Link Triage Center can call **401-437-4884**.

The BH Link Triage Center, located at 975 Waterman Ave., East Providence, Rhode Island, is a 24/7 community-based, walk-in/drop-off facility providing services for mental health and substance use crisis assessments and assistance with treatment referrals.

#### **Rhode Island Buprenorphine Hotline**

This 24/7 hotline, **401-606-5456**, connects people with moderate to severe opioid use disorder to immediate telehealth services for the initiation of buprenorphine treatment.

# Safe Stations (24/7):

#### **Providence Safe Stations**

Available 24-hours a day, seven days a week. You can visit any of <u>Providence's 12 fire stations</u>, speak with the trained staff on duty, and immediately get connected to treatment support and services. Providence Safe Stations is free and provides a welcoming environment for when you're ready for recovery.

# For patients seeking detoxification services:

Detoxification treatment centers are inpatient facilities where patients can stay for five to seven days and receive supervision for medically managed withdrawal, also commonly referred to as detoxification. This may include medication to ease the discomfort of withdrawal symptoms. Anti-craving medications and medications to treat substance use disorders (e.g., buprenorphine or methadone for opioid use disorder) may also be utilized. It is important to note that currently, Butler Hospital is the only detoxification treatment center in Rhode Island that will accept pregnant individuals.

#### <u>AdCare</u>

1950 Tower Hill Rd. North Kingstown, Rl 401-294-0419

#### Butler Hospital

345 Blackstone Blvd.
Riverview Building, Third Floor
Providence, Rl
401-455-6214
844-401-0111
For patient triage and scheduling of inpatient or outpatient services.

#### **Roger Williams Medical Center**

825 Chalkstone Ave. Providence, RI **401-456-2363** Patients must be triaged

Patients must be triaged through the Roger Williams Medical Center Emergency Department to access detoxification services.

#### Zinnia Health

251 Main St. Exeter, RI 844-612-4180 Individuals insured with Rhode Island Medicaid: 866-767-1539

# For inpatient rehabilitation (residential services):

An inpatient rehabilitation facility is where a person goes during the early stages of recovery after completing detoxification. This means that the patient is no longer experiencing withdrawal and may be taking medications to reduce cravings and treat substance use disorders. Patients can stay for up to 28 days with others starting their recovery journey. During their stay, patients participate in intensive group therapy, individual therapy, and other activities focused on building skills and confidence to maintain recovery.

#### Inpatient rehabilitation for men and women:

#### AdCare

1950 Tower Hill Rd. North Kingstown, RI 401-294-0419

#### Salvation Army:

Providence Adult Rehabilitation Center 201 Pitman St. Providence, RI 401-421-5270

### Women-only facilities:

### The Providence Center: Women's Road to Recovery 15 Baker Pines Rd. Wyoming, RI 401-491-5909 Services and support to individuals who are pregnant.

## Men-only facilities:

#### Bridgemark Recovery

2020 Elmwood Ave. Warwick, Rl **401-781-2700** 

# Community Care Alliance:

Robert J. Wilson House 80 Summit St. Pawtucket, RI 401-235-7439

# Community Care Alliance:

Jellison House 203 Greenville Ave. Johnston, RI 401-235-7439

### Zinnia Health

251 Main St. Exeter, RI 844-612-4180 Individuals insured with Rhode Island Medicaid: 866-767-1539

### **SSTARbirth**

80 East St. Cranston, RI **401-463-6001** Services and support to pregnant and post-partum individuals and their children.

### Galilee Mission

268 Kingstown Rd. Narragansett, RI **401-789-9390** 

# MAP Behavioral Health Services

66 Burnett St. Providence, RI **401-785-0050** 

## The Providence Center:

Men's Road to Recovery 111 Howard Ave.

Cranston, Rl 401-462-1020

# For outpatient services and support, partial hospitalization (daily Monday-Friday) or intensive outpatient (several times a week) programs:

These programs provide assessments, medications for substance use disorders (e.g., buprenorphine or methadone for opioid use disorder), and counseling to maintain work, school, or family commitments.

# Partial Hospitalization Programs (Monday-Friday)

Butler Hospital 345 Blackstone Blvd. Providence, Rl **1-844-401-0111**  Ocean State Recovery Center

1524 Atwood Ave., Suite 244 Johnston, RI **401-443-9071** and **401-425-6070** (Admissions)

Newport Hospital Virtual Telehealth and Dual Diagnosis Program Zoom Meeting 401-845-1910

## Intensive Outpatient Programs (Three appointments/week)

**Butler Hospital** 

345 Blackstone Blvd. Providence, Rl **1-844-401-0111** 

<u>VICTA</u>

110 Elmwood Ave. Providence, Rl **401-300-5757** 

AdCare 49 S. County Commons Way South Kingstown, RI 401-795-3055

600 Putnam Pike Greenville, RI **401-949-2220** 

400 Bald Hill Rd., Suite 517 Warwick, Rl **401-732-1500** 

## **Community Care Alliance**

800 Clinton St. Woonsocket, RI **401-762-7565** 

### Ocean State Recovery Center

1524 Atwood Ave., Suite 244 Johnston, RI **401-443-9071** 

#### **Northeast Family Services**

2348 Post Rd., Suite 107 Warwick, RI **401-681-4637** 

# Trinity Healthy Living Behavioral

Health Clinic 58 East Main Rd. Middletown, Rl 401-608-3322

#### MAP Behavioral Health Services 66 Burnett St.

Providence, RI 401-785-0050

#### <u>Roger Williams Outpatient Addiction Services</u> at Our Lady of Fatima Hospital

200 High Service Ave. North Providence, RI **401-456-2362** 

# For patients in early recovery and needing support from a recovery residence:

A "recovery residence" (RR) is a broad term describing a sober, safe, and healthy living environment that promotes recovery from alcohol and/or substance misuse and associated issues. The purpose of a recovery residence is to provide a safe and healthy living environment, as well as improve one's physical, mental, spiritual, and social wellbeing.

Recovery residences are divided into different levels of support. The levels are based on the type, as well as the intensity and duration, of support the residence offers. Services span from peer-to-peer recovery support (all recovery residences) to medical and counseling services (at recovery residences offering higher levels of support).

# Rhode Island Communities for Addiction Recovery Efforts (RICARES)

RICARES is a resource for local recovery residences and serves as a national affiliate dedicated to uplifting individuals on their journey to sobriety.

133 Mathewson St. Providence, RI **401-475-2960** 

# **State-Funded Financial Support for Recovery Housing: 1-Year Grant**

To receive the <u>1-Year Grant</u>, an individual's eligibility must be reassessed every 90 days for up to 365 days. House managers or operators of recovery houses complete the reassessment.

Reimbursement will be at \$25/day for National Alliance for Recovery Residences (NARR) Level II recovery housing on a tiered system:

- Days 1-90: State pays 100% (\$25 per day); Resident pays \$0
- Days 91-180: State pays 80% (\$20 per day); Resident pays 20% (\$5 per day)
- Days 181-365: State pays 60% (\$15 per day); Resident pays 40% (\$10 per day)

#### For patients seeking State-funded financial support for recovery housing:

#### RI Hope & Recovery Line

State-funded financial support for recovery housing can only be accessed by calling the RI Hope & Recovery Line at **401-942-STOP (7867)** between 7 a.m. and 7 p.m.

# For patients seeking outpatient treatment with options for medications for opioid use disorder (such as buprenorphine, methadone, or naltrexone):

#### SAMHSA Practitioner Locator

Find practitioners authorized to treat opioid dependency with buprenorphine by state using the Substance Abuse and Mental Health Services Administration (SAMHSA) Buprenorphine Practitioner Locator.

#### Addiction Recovery Institute

31 North Union St. Pawtucket, Rl **401-725-2520** 

205 Hallene Rd., Suite 102 Warwick, Rl **401-737-4788** 

#### <u>Comprehensive Treatment Centers:</u> <u>Discovery House</u> 66 Pavilion Ave.

Providence, RI **401-461-9110** Walk-in Intakes: Monday-Friday 6:30 a.m. to 9:30 a.m.

#### **Comprehensive Treatment Centers**

1625 Diamond Hill Rd. Woonsocket, Rl 401-762-1511

# For patients seeking outpatient treatment with options for medications for opioid use disorder (such as buprenorphine, methadone, or naltrexone):

#### <u>CODAC Behavioral</u> Healthcare

349 Huntington Ave. Providence, RI **401-942-1450** Walk-in Intakes: Monday-Friday 6:30 a.m.-11 a.m.

850 Waterman Ave. East Providence, RI **401-434-4999** 

600 Pawtucket Ave. Pawtucket, RI 401-808-6278

93 Thames St. Newport, RI 401-847-4150

3045 Tower Hill Rd. Saunderstown, RI **401-789-0934** 

50 Health Lane Warwick, RI **401-384-7300** 

## <u>VICTA</u>

110 Elmwood Ave. Providence, RI **401-300-5757** 

#### <u>Rhode Island</u> Buprenorphine Hotline

(Buprenorphine only) 24/7 Telehealth Services to Start Buprenorphine Treatment **401-606-5456** 

# Behavioral Health Group

82 Pond St. Pawtucket, Rl 401-727-1287

985 Plainfield St. Johnston, Rl **401-946-0650** 

86 Beach St. Westerly, RI 401-596-0969

160 Narragansett Ave. Providence, RI **401-948-4488** 

26 Valley Rd. Units 201 and 202 Middletown, RI **401-552-4673** 

Roger Williams Outpatient Addiction Services at Our Lady of Fatima Hospital 200 High Service Ave. North Providence, RI 401-456-2362

## Thundermist Health Center

(Buprenorphine only) 450 Clinton St. Woonsocket, Rl **401-767-4100** 

## Thundermist Health Center

(Buprenorphine only) 186 Providence St. West Warwick, RI 401-615-2800

# Lifespan Recovery Center

(Buprenorphine only) 200 Corliss St. Providence, RI **401-606-8530** 

# Addiction Care Today (ACT)

Medical Office Center 2 Dudley St., Suite 375 Providence, RI **401-606-8100** Walk-in Intakes: Monday-Friday; Noon to 4 p.m.

# The Center for Primary Care

Recovery Clinic

(Buprenorphine only) 245 Chapman St., Suite 300 Providence, RI **401-444-4741** 

#### Assisted Recovery Centers of America

(Buprenorphine only) 678 Park Ave. Cranston, Rl 401-228-7866

# Comprehensive Community Action Program Family

<u>Health</u> <u>Services</u> (Buprenorphine only) 1090 Cranston St. Cranston, Rl 401-467-9610

# **Harm Reduction Services and Supplies**

## For patients who use substances and their loved ones:

#### Harm Reduction Vending Machines

#### AIDS Care Ocean State (ACOS)

ACOS harm reduction vending machines provide free, safer use supplies 24 hours a day, seven days a week. The vending machines are currently stocked with fentanyl test strip kits, hygiene kits, naloxone (Narcan®), safer injection kits, safer sex kits, referral cards, and wound care kits. Individuals can call **401-7881-0665** to receive an anonymous vending machine PIN code and get three free safer-use items per week. Visit the <u>Prevent Overdose RI Get Help</u> webpage and select "Harm Reduction Vending Machines" to find one near you.

## **Fentanyl Test Strips**

#### AIDS Care Ocean State

557 Broad St. Providence, RI Monday-Friday 10 a.m. - 1 p.m.; Tuesday and Thursday, 6 p.m. - 8 p.m. (Mobile services available) Rhode Island Communities for Addiction Recovery Efforts (RICARES) 133 Mathewson St. Providence, RI 401-475-2960

## Syringe Exchange

#### AIDS Care Ocean State ENCORE Program

557 Broad St. Providence, RI **401-781-0665** 

The AIDS Care Ocean State ENCORE program is the only sterile needle exchange program in Rhode Island. The ENCORE mobile outreach team delivers free sterile needles, safer sex kits, HIV-testing information, and toiletries throughout the state. The mobile outreach team also offers counseling, <u>HIV prevention and</u> <u>education</u>, and referrals to substance use treatment and medical care facilities.

#### Project Weber/RENEW (PWR)

640 Broad St. Providence, RI 401-383-4888

PWR provides syringe exchange services at the main drop-in center and through their mobile outreach team. The street outreach team offers free HIV and Hepatitis C testing, sterile syringes, fentanyl test strips, naloxone, condoms, and other supplies. Additionally, PWR provides peer recovery coaching and can help connect individuals with a treatment program if they are ready for one.

# **Recovery Support Services**

# **Community Recovery Support Centers: Recovery Coaching and Meetings**

There are many places across Rhode Island where individuals can participate in recovery services. Recovery community centers can provide support from others with lived experience, and also offer support groups, basic needs, housing, family supports, financial literacy classes, and health and wellness activities.

#### Anchor Recovery Center

310 Reservoir Ave. Providence, RI **401-889-5770** 

890 Centerville Road Warwick, RI 401-615-9945

#### **RICARES**

133 Mathewson St. Providence, RI 401-475-2960

# Serenity Center at Community

Care Alliance 66 Social St. Woonsocket, RI 401-488-4426

#### East Bay Recovery Center

31 Railroad Ave. Warren, Rl **401-289-2055** 

220 High St. Bristol, RI **401-302-6231** 

## 12-Step Based Groups

#### Alcoholics Anonymous

Find in-person meetings <u>here</u> Find virtual meetings <u>here</u>

#### Narcotics Anonymous

Find in-person meetings <u>here</u> Find virtual meetings <u>here</u>

## **SMART Recovery Meetings**

# **Reducing the Tobacco/Nicotine Use Burden**

Rhode Island offers free, effective, customized, and confidential help for adults and youth interested in recovery from tobacco/nicotine addiction.

#### **QuitNowRI**

Quit Support for Adults: (Recommended for adults age 18 and older)

#### QuitNowRI.com

Text "Start" to 300500 / Text "INSCRIBIR" to 300500 en español 1-800-QUIT-NOW / 1-800-8-DEJALO

#### My Life, My Quit™

Quit Support for Youth (Recommended for youth age 13 to 17) Text "Start" to 36072 1-855-891-9989

# Notes:



Rhode Island Department of Health 3 Capitol Hill, Providence, RI 02908 Health Information Line: 401-222-5960 / RI Relay 711 www.health.ri.gov