Governor Dan McKee’s Overdose Task Force
October 11, 2023

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Welcome and Announcements
Recovery Oriented Measures Survey (ROMS)

Hailey Voyer, MPH
Elecia Cardarelli, MPH
October 11, 2023
Purpose and Goals

• Collect data on Peer Based Recovery Support Services (PBRSS) in RI
• Evaluate peer consumer’s satisfaction with their Certified Peer Recovery Specialist (PRS)
• Evaluate peer consumer’s progress over time
• Identify which peer-based services are most helpful
• Use results to improve/make changes to PBRSS
• Use results to promote the benefits of PBRSS in successful recovery
Current Data

- Agencies that participate in the ROMS: Amos House, Anchor Recovery, The Serenity Center (Community Care Alliance), East Bay Recovery, Fellowship Health Resources, Gateway, Newport Mental Health, Oasis, Open Doors, Parent Support Network, and Thrive
- ROMS submitted from October 2019 – July 16, 2023
- Anchor surveys submitted from January 2019 – July 17, 2023
- 3,858 total completed surveys
  - 2,388 were initial responses
    - 1,669 were completed by unique individuals with no follow-up survey yet
Demographics

N=2,388

<table>
<thead>
<tr>
<th>Gender</th>
<th>N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>759 (33.5%)</td>
</tr>
<tr>
<td>Male</td>
<td>1,236 (54.5%)</td>
</tr>
<tr>
<td>Non-Binary</td>
<td>9 (0.4%)</td>
</tr>
<tr>
<td>Transgender F - M</td>
<td>6 (0.3%)</td>
</tr>
<tr>
<td>Transgender M - F</td>
<td>6 (0.3%)</td>
</tr>
<tr>
<td>Unknown</td>
<td>250 (11.0%)</td>
</tr>
</tbody>
</table>
Demographics

Education Level

- Did Not Complete High School: 277
- High School Diploma/GED: 999
- Some College/Certification Courses: 569
- Associate's or Bachelor's Degree: 275
- Advanced Degree: 62
- Choose Not to Answer: 187
Demographics

Employment Status

- Employed Full Time: 516
- Employed Part Time: 202
- Full Time School or Job Training: 14
- Unemployed (looking for work): 644
- Unemployed (not looking for work): 320
- Retired: 93
- Disabled: 376
- Volunteer: 8
- Choose Not to Answer: 197

RHODE ISLAND
Demographics

Housing Status

- Independent Living: 1,236
- Staying with a friend: 207
- Residential Treatment: 224
- Homeless/Shelter: 231
- Recovery/Sober House: 169
- Other: 259
- Choose Not to Answer: 45
Overall Health Rating

The percentage of clients reporting “very good” or “excellent” health increased from initial response to follow-up.
Most clients “agree” or “strongly agree” that their PRS believes they can grow, change, recover, and treats them with respect regarding their cultural background.
Among initial responses or unique individuals

...has helped me with improving my relationships with my family and/or children.

Most clients “agree” or “strongly agree” that their PRS has helped them improve family relationships and increase their quality of life and happiness.
My PRS…

…helped me engage and start treatment.

- Clients were more likely to “agree” or “strongly agree” in their initial survey if they had seen their PRS more than once in the last 30 days (65% vs 86%)

- The percentage of clients who “strongly agree” increased from initial response to follow-up

0% 10% 20% 30% 40% 50% 60% 70%

Strongly Disagree Disagree Not Sure Agree Strongly Agree Does Not Apply

1% 1% 0.4% 5% 22% 39% 13% 13%

Initial Most recent follow-up
How many clients are receiving help and being referred to those services?

Percentage of clients who received help and were referred to those services by their PRS

<table>
<thead>
<tr>
<th>Service</th>
<th>Initial</th>
<th>Most recent follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staying out of jail/prison</td>
<td>43%</td>
<td>47%</td>
</tr>
<tr>
<td>Benefits applications</td>
<td>68%</td>
<td>52%</td>
</tr>
<tr>
<td>Harm reduction activities</td>
<td>22%</td>
<td>54%</td>
</tr>
<tr>
<td>Schoo/job program/employment</td>
<td>58%</td>
<td>58%</td>
</tr>
<tr>
<td>Legal/support in court</td>
<td>78%</td>
<td>61%</td>
</tr>
<tr>
<td>Relapse prevention</td>
<td>71%</td>
<td>67%</td>
</tr>
<tr>
<td>Other (housing, foot, clothing, etc.)</td>
<td>69%</td>
<td>69%</td>
</tr>
<tr>
<td>Substance use services</td>
<td>69%</td>
<td>70%</td>
</tr>
<tr>
<td>Support groups</td>
<td>78%</td>
<td>80%</td>
</tr>
<tr>
<td>Other medical services</td>
<td>73%</td>
<td>80%</td>
</tr>
<tr>
<td>Transportation help</td>
<td>63%</td>
<td>80%</td>
</tr>
<tr>
<td>Mental health services</td>
<td>78%</td>
<td>81%</td>
</tr>
<tr>
<td>MAT</td>
<td>45%</td>
<td>82%</td>
</tr>
<tr>
<td>Detox facility</td>
<td>89%</td>
<td>94%</td>
</tr>
</tbody>
</table>

Decrease from initial to follow-up
Are clients receiving the support that they were seeking?

Proportion of clients who received the support that they were seeking

<table>
<thead>
<tr>
<th>Area of support</th>
<th>Initial</th>
<th>Most recent follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tobacco use</td>
<td>31%</td>
<td>21%</td>
</tr>
<tr>
<td>Weight management/nutrition</td>
<td>31%</td>
<td>44%</td>
</tr>
<tr>
<td>Other chronic illness</td>
<td>21%</td>
<td>47%</td>
</tr>
<tr>
<td>Benefits applications</td>
<td>32%</td>
<td>52%</td>
</tr>
<tr>
<td>Employment services</td>
<td>38%</td>
<td>60%</td>
</tr>
<tr>
<td>Legal / support in court</td>
<td>47%</td>
<td>64%</td>
</tr>
<tr>
<td>Homelessness</td>
<td>49%</td>
<td>64%</td>
</tr>
<tr>
<td>DCYF involvement</td>
<td>30%</td>
<td>65%</td>
</tr>
<tr>
<td>Domestic violence/trauma</td>
<td>28%</td>
<td>69%</td>
</tr>
<tr>
<td>Other health issues</td>
<td>33%</td>
<td>72%</td>
</tr>
<tr>
<td>MAT</td>
<td>44%</td>
<td>81%</td>
</tr>
<tr>
<td>Re-entry to community</td>
<td>41%</td>
<td>81%</td>
</tr>
<tr>
<td>Peer support groups</td>
<td>62%</td>
<td>84%</td>
</tr>
<tr>
<td>Mentoring</td>
<td>64%</td>
<td>86%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>69%</td>
<td>89%</td>
</tr>
<tr>
<td>Substance use/recovery</td>
<td>73%</td>
<td>91%</td>
</tr>
</tbody>
</table>

Decrease from initial to follow-up
Substance Use

N=3,867

- 50% of clients did not report any substance use in the last 30 days
- 82% of clients reported no substance use in the last 30 days, excluding alcohol, marijuana, and cocaine

**Alcohol**
- 66% of clients reported no alcohol use in the last 30 days
- 12% reported consuming alcohol more than 10 times in the last 30 days

**Marijuana**
- 83% of clients reported no marijuana use in the last 30 days
- 9% reported using marijuana more than 10 times in the last 30 days

**Cocaine**
- 90% of clients reported no cocaine use in the last 30 days
- 3% reported using cocaine more than 10 times in the last 30 days
The percentage of clients reporting past 30-day use of alcohol, marijuana, or cocaine has decreased from initial response to follow-up.
Outpatient and ED Visits

Mental Health Reasons

Percentage of clients who reported visiting the hospital ED or receiving outpatient treatment in the last 30-days

- Most clients did not visit the ED or access outpatient treatment for mental health reasons
  - If they did, they were more likely to access outpatient treatment
- The percentage of clients reporting no ED or OP visits increased from initial response to follow-up
Outpatient and ED Visits

Substance Use Treatment

Percentage of clients who reported visiting the hospital ED or receiving outpatient treatment in the last 30-days

- Initially clients were more likely to report ED or both ED & OP visits for substance use treatment than for mental health reasons.
- The percentage of clients reporting no ED or OP visits increased from initial response to follow-up.
Next Steps

Based on ROMS data:

• Develop recommendations/strategies that we can implement to help Rhode Islanders in Recovery

• Collaborate with the recovery community and other key stakeholders

• Address needs in the following dimensions:

• Health  • Home  • Purpose  • Community
Thank you!

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Grant-Funded Recovery Housing Data

Emily Goodspeed, MPH and Marcia Almeida, MPH
October 11, 2023
Recovery Housing offers an alcohol and other drug-free living environment for individuals recovering from alcohol or other substance use disorders.

BHDDH offers a one-year and booster grant.

This presentation covers Recovery Housing under the SOR II grant (2020-2022). Residents funded under the SOR II grant were individuals who indicate a history of opioid or stimulant use.
Placements per Month

There were 1,706 placements during this grant period. This accounted for 1,121 unique individuals.
There were 1,412 discharges during this grant period.
83.2% of residents were discharged to stable housing
Government Performance and Results Act (GPRA) Surveys

- 381 clients completed a baseline GPRA interview
- 180 clients completed a 6-month follow-up interview
GPRA Demographics

### Age (Years)
- 20-30: 19%
- 31-40: 35%
- 41-50: 22%
- 51-60: 19%
- 61+: 6%

### Race
- White: 69%
- Black or African American: 20%
- Multiracial: 8%
- American Indian: 2%
- Other race: 2%
GPRA Demographics

Hispanic/Latino

84%

16%

Puerto Rican: 48%
Dominican: 21%
More than one: 9%
Another ethnic group: 22%

Ethnic Group
GPRA Outcomes
Substance Use

Past 30 Day Substance Use

- Alcohol: 14% Baseline, 8% Follow Up
- Cocaine/Crack: 11% Baseline, 11% Follow Up
- Heroin, Methamphetamine, or Another Illegal Drug: 7% Baseline, <1% Follow Up
Employment Status

Current Employment Status

- **Employed Full-Time**: 31% (Baseline), 9% (Follow-Up)
- **Employed Part-time**: 16% (Baseline), 15% (Follow-Up)
- **Unemployed, but looking for work**: 34% (Baseline), 17% (Follow-Up)
- **Not employed, not looking for work**: 10% (Baseline), 17% (Follow-Up)
Depression and Anxiety

Experienced Anxiety or Depression for One or More Days in the Past 30 Days

- Depression: Baseline 53%, Follow-Up 44%
- Anxiety: Baseline 66%, Follow-Up 44%
Social Connectedness

Attended a Voluntary Self-Help Support Group in the Past 30 Days

- Baseline: 76%
- Follow-Up: 73%

Attended a Voluntary Self-Help Support Group

Baseline vs Follow-Up
Thank you!

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Rally4Recovery

20th Annual Celebration of Recovery
The 20th anniversary Rally 4 Recovery event on September 17 saw 10,321 people walk through at its new location - 195 District Park in Providence!
Over 100 resource tables, 20 job fair tables, an amazing speaking program, the largest kids’ zone ever, and so much more. Plus, more than 200 naloxone kits were distributed.

And whether they were there all day or simply passing through, 10,000 Rhode Islanders were exposed to recovery and all that comes with it.
Job and Career Fair

Recovery Friendly Workplace hosted its second annual Job and Career Fair at the Rally 4 Recovery, which featured recovery-friendly employers conducting on-the-spot interviews, apprenticeship organizations offering job training programs, Rhode Department of Labor and Training providing Back to Work RI information and the Department of Higher Education recruiting for college enrollment!

- Over 500 meaningful conversations
- Estimated 70+ jobs filled by employers
- 10 college enrollment inquiries were completed on-site
- Over 230 job postings on the Job Board from 17 recovery-friendly employers were viewed by over 800+ people
- Lasting connections made between employers and attendees
A Collaborative Video

It takes partnerships to address the drug overdose crisis here in Rhode Island. State agencies and the Governor’s Overdose Task Force appreciate the collaboration that occurs every day with numerous community partners to provide outreach and resources. One example is this new bilingual video from the Local Initiatives Support Corporation (LISC) Rhode Island, the Pawtucket Central Falls Health Equity Zone (HEZ), Project Weber/RENEW, and Anchor Recovery. Called #StatingTheFacts, it warns of fentanyl, xylazine, and other potentially deadly substances being found in illicit drugs and encourages the use of naloxone and calling 911 in the event of an overdose.