

New England SAMHSA Overview 2021

Taylor Bryan Turner, Assistant Regional Administrator
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

Wednesday, March 10, 2021



SAMHSA
Substance Abuse and Mental Health
Services Administration

RI Overdose Prevention and Intervention Task Force Agenda

- SAMHSA Overview
- Priorities
- Data Snapshot
- Promising Practices
- On The Horizon



Behavioral Health – A National Priority

- The Substance Abuse Mental Health Services Administration (SAMHSA) is an agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the Nation.

Roles:

- ✓ Leadership
- ✓ Voice
- ✓ Data
- ✓ Surveillance
- ✓ Public Education
- ✓ Regulation & Standard Setting
- ✓ Practice Improvement
- ✓ Funding

Behavioral health is essential to health

Prevention works

Treatment is effective

People recover

Our mission is to reduce the impact of substance abuse and mental illness on America's communities

The Building Blocks of Recovery



Health



Home



Purpose



Community

New England's Own SAMHSA Regional Administrator

Tom Coderre



Acting Assistant Secretary for Mental Health and Substance Use at the Substance Abuse and Mental Health Services Administration (SAMHSA)

Tom Coderre is the Acting Assistant Secretary for Mental Health and Substance Use.

SAMHSA's Strategic Plan 2019-2023

Priority Areas

1. Combating the Opioid Crisis through the Expansion of Prevention, Treatment, and Recovery Support Services;
2. Addressing Serious Mental Illness and Serious Emotional Disturbances;
3. Advancing Prevention, Treatment, and Recovery Support Services for Substance Use;
4. Improving Data Collection, Analysis, Dissemination, and Program and Policy Evaluation;
[Behavioral Health Barometer: Rhode Island](#)
5. Strengthening Health Practitioner Training and Education
<https://www.samhsa.gov/about-us/strategic-plan>

Consolidated Appropriations Act of 2021

Coronavirus Response and Relief Supplemental Appropriations Act

- SAMHSA received \$4.25 billion to provide increased MH and SUD services and support, including:
 - \$1.65 billion for the Substance Abuse and Prevention Treatment Block Grant;
 - \$1.65 billion for the Mental Health Services Block Grant;
 - \$600 million for Certified Community Behavioral Health Clinics;
 - \$50 million for suicide prevention programs;
 - \$50 million for Project AWARE to support school-based mental health for children;
 - \$240 million for emergency grants to States; and
 - \$10 million for the National Child Traumatic Stress Network;
 - Not less than \$125 million of funds provided to SAMHSA must be allocated to tribes, tribal organizations, urban Indian health organizations, or health service providers to tribes across a variety of programs.
- Regular FY 2021 Labor-Health and Human Services-Education Appropriations
 - *\$6.015 billion for SAMHSA, an increase of \$133 million over FY 2020*
 - *\$487 million for the Programs of Regional and National Significance, which includes a number of mental health services programs, such as mental health awareness training and \$4 million for Comprehensive Opioid Recovery Centers as well as \$35 million increase for Mental Health Block Grant*

Rhode Island Grant Awards - 2020

RHODE ISLAND Summaries FY 2020

[This is a summary, click here for Discretionary Funds in Detail](#) | [This is a summary, click here for Non-Discretionary Funds in Detail](#)

Formula Funding

Substance Abuse Prevention and Treatment Block Grant	\$7,995,251
Community Mental Health Services Block Grant	\$2,748,538
Projects for Assistance in Transition from Homelessness (PATH)	\$319,176
Protection and Advocacy for Individuals with Mental Illness (PAIMI)	\$428,000
Subtotal of Formula Funding	\$11,490,965

Discretionary Funding

Mental Health	\$8,167,803
Substance Abuse Prevention	\$349,954
Substance Abuse Treatment	\$21,685,884
Flex Grants	\$2,800,000
Subtotal of Discretionary Funding	\$33,003,641

Total Funding

Total Mental Health Funds	\$11,663,517
Total Substance Abuse Funds	\$30,031,089
Total Funds	\$41,694,606

Top Region 1 Behavioral Health Priorities

- ❖ Substance Use/Misuse: *Alcohol, Methamphetamine & Opioid Addiction*
- ❖ Mental Health: *Depression, Anxiety & Suicide*
- ❖ Access to Care: *Technology and Tele-Health*
- ❖ Health Promotion & Prevention: *Changing Cultural Norms / BH Literacy*
- ❖ Integrative/Collaborative Care: *Primary & Specialty Behavioral Health Care*
- ❖ Behavioral Health Practitioner Education and Training
- ❖ Special Populations: *Tribal, Criminal Justice, Veterans*

State	Population	Pop. Density (Sq/Mi)	SUD Prevalence Illicit Drugs (*NSDUH, 2019)	SUD Prevalence Alcohol (*NSDUH, 2019)	SMI Prevalence 2017-2019 (18+ NSDUH, 2019)	Suicide Prevalence Rate 2018 (CDC, 2019)	Any Mental Illness Service Access 2017-2019 (18+ NSDUH, 2019)
<i>Rhode Island</i>	<i>1.06 Million</i>	<i>1025</i>	<i>3.00%</i>	<i>6.92%</i>	<i>4.9%</i>	<i>9.5 (106)</i>	<i>51.8%</i>
<i>Region 1</i>	<i>12,292,629</i>	<i>210</i>	<i>3.1%</i>	<i>6.5%</i>	<i>5.1%</i>	<i>14.45 (1939)</i>	<i>51%</i>
<i>United States</i>	<i>329,064,917</i>	<i>92.9</i>	<i>2.8%</i>	<i>5.8%</i>	<i>4.8%</i>	<i>14.8 (48,344)</i>	<i>43.6%</i>

*Prevalence Estimate Data taken from 2019 NSDUH Survey

Regional Priorities

- Addressing SUD/ODU and overdose (FIWO) –Surgeon General New England Town Hall
- SMI and Suicide (Federal Collaborative on SMI/SED)
- Diversity, Equity and Inclusion
- Criminal Justice / Recovery Courts
- Harm Reduction Efforts (Naloxone, Syringe Service Programs, other EBPs)
- FEMA Region 1 Recovery Taskforce
- Collaborating with HHS sister agencies on specific initiatives:
 - ACL: collaborating with ADA Office
 - ACF: Whole Family Approach to Jobs, Opportunity Zones, Regional Report
 - OCR, OGC and CMS: PHI, discrimination related projects
 - HRSA: primary care/BH integration in FQHCs, HIV/AIDS, MAT, BH workforce development, HEART Committee
 - OASH: Syringe Services Programs, ASTHO, CHW collaboration
 - ASPR: Disasters, COVID recovery coordination group
- Collaborating with federal agencies outside HHS:
 - HUD: Mayor's challenge to end homelessness, promising practices with SUD
 - DOL, USDA: providing TA and opioid specific grants and programming
 - FEMA: opioid crisis planning, COVID, disasters
- Facilitating TA support for state/local BH authorities
- Scale up Peer Recovery Support Services / Recovery Housing
- Working closely with federally recognized Tribes in Region I who continue to experience high rates of suicide, alcohol/other drug use and lack of access to BH services

ACF: COVID-19 The Family, State and Federal Policy

U. S. Department of Health & Human Services
Administration for Children and Families

ADMINISTRATION FOR
CHILDREN & FAMILIES
Office of Regional Operations

COVID-19 the Family, State and Federal Policy

Lessons Learned in New England



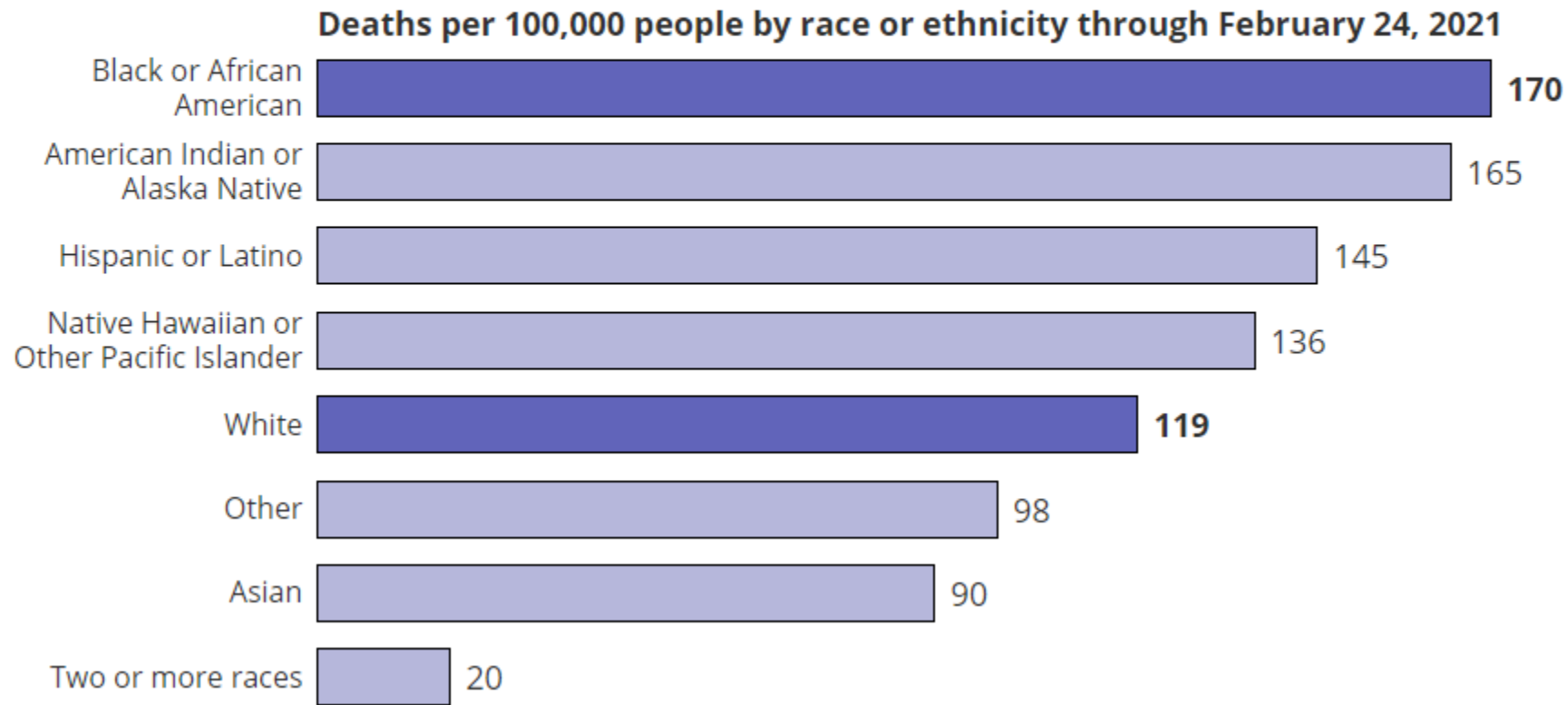
SAMHSA
Substance Abuse and Mental Health
Services Administration

Challenges We're Hearing In New England

- Increased opioid overdoses across the region
- Increase in alcohol purchases and consumption
- Homelessness and the intersection of SUD
- Increased suicidality - NYT [Las Vegas link](#)
- [Lancet Review](#) of high anxiety, stress, and trauma for COVID-19 survivors
- Youth trauma due to lack of social circles, parental stress due to illness and unemployment
- Burden of isolation and lack of connection (zoom fatigue, higher risk of SUD overdose, drug supply etc.)
- [Diversity, Equity, and Inclusion; Communities of Color](#)
- Broadband connectivity

Disparities in COVID-19 Deaths

Nationwide, Black people have died at 1.4 times the rate of white people.



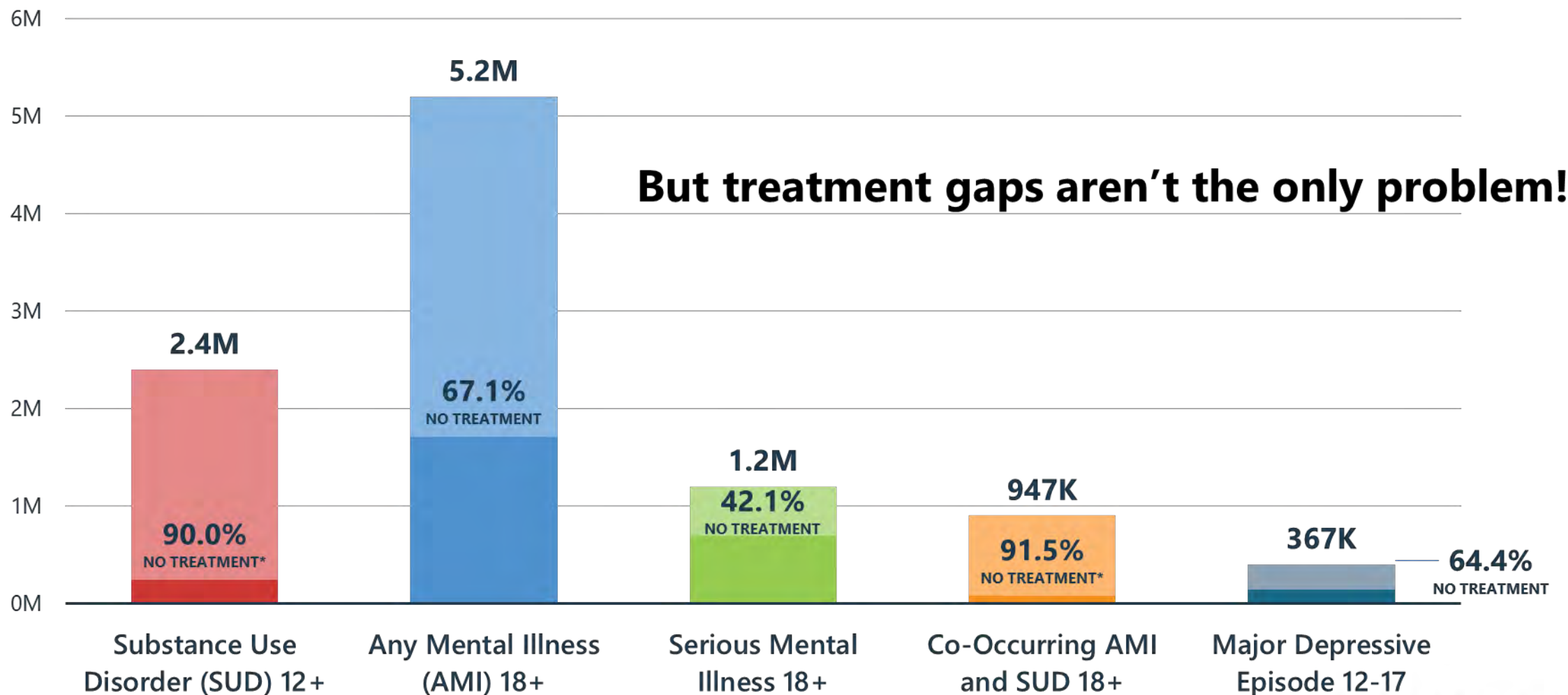
Source: <https://covidtracking.com/race>

People of Color and COVID-19

- **Increased risk for serious illness if they contract COVID-19**
 - Due to higher rates of underlying health conditions, such as diabetes, asthma, hypertension, and obesity compared to Whites
- **Difficult to social distance or self-isolate at home**
 - More likely to live in multigenerational families or low-income and public housing
- **Increased risk for work-related exposure**
 - Often working in jobs without teleworking option
- **Limited access to COVID-19 testing and treatment services**
 - More likely to be uninsured and lack a primary care provider
- **Increased risk for loss of income**
 - More likely to work in service industries such as restaurants, retail, and hospitality

Mental and Substance Use Disorders Among African Americans

PAST YEAR, 2019 NSDUH, African American 12+



* No Treatment for SUD is defined as not receiving treatment at any location, such as a hospital (inpatient), rehabilitation facility (inpatient or outpatient), mental health center, emergency room, private doctor's office, self-help group, or prison/jail.

Black History Month: Behavioral Health Matters



Diversity Inclusion Project Showcase

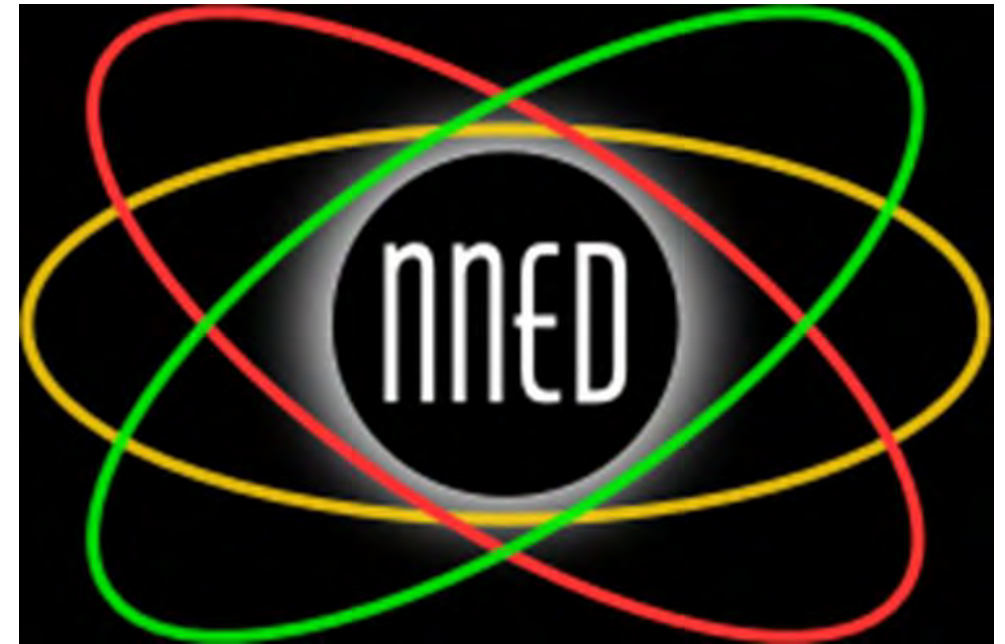
SAMHSA's Diversity Inclusion Project Showcase (DIPS) is a new initiative that aims to increase a more diverse pool of historically marginalized populations to grant funding opportunities by providing the chance to showcase their goals and populations served, to federal and state leaders, as well as philanthropic partners in a "Round Robin-style" of innovation.

SAMHSA Resources on Diversity and Equity

Black/African American Behavioral Health Equity: Resources on this population include national survey reports, agency and federal initiatives, and related behavioral health resources.

The HBCU Center for Excellence in Behavioral Health: Recruits and trains students for behavioral health careers and prepares them for obtaining advanced behavioral health degrees.

National Network to Eliminate Disparities in Behavioral Health (NNED): Network of **community-based organizations** focused on the mental health and substance use issues of diverse racial and ethnic communities The NNED supports information sharing, training, and technical assistance towards the goal of **promoting behavioral health equity**.



SAMHSA's Technology Transfer Centers in New England

- [Addiction Technology Transfer Center \(ATTC\)](#)



New England
ATTC



BROWN

- [Mental Health Technology Transfer Center \(MHTTC\)](#)



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

- [Prevention Technology Transfer Center \(PTTC\)](#)



New England PTTC



Upcoming Events/Trainings and Webinars

ATTC

[The Substance Use and Mental Health Leadership Council of Rhode Island:](#)

March 11, 2021 9:00am

[Parent Support Network of Rhode Island: Wraparound Training Series:](#)

March 11, 2021 1:00pm

MHTTC

[Children's Mobile Crisis Team Model: Lessons Learned:](#)

March 10, 2021 4:00pm

[Enhancing Health Professionals' Well-Being: A Structured Approach Utilizing the Adult Resilience Curriculum \(ARC\):](#)

March 18, 2021 12:00pm

PTTC

[Getting to Know the Problem Gambling Councils in New England:](#)

March 17, 2021 1:00pm

Other Partners:

[National Telecommunications and Information Administration \(NTIA\) Broadband USA](#)

[Grant Programs in the Consolidated Appropriations Act of 2021](#)

Wed, Mar 17, 2021 2:00pm



Promising Practices from States Utilization of CARES Funding Across New England

Rhode Island

- **Tele-Buprenorphine Hotline:** Funded 24/7 hotline for telemedicine buprenorphine induction, available 24/7 and supported daily by three physicians affiliated with *Brown University's Warren Alpert School of Medicine*.

Maine

- **OPTIONS:** The *Overdose Prevention Through Intensive Outreach Naloxone and Safety* ([OPTIONS](#)) initiative is a coordinated effort of the [Maine Office of Behavioral Health \(OBH\)](#) and other state agencies to improve the health of Mainers using substances through harm reduction strategies, helping them on the road to recovery, and dramatically reducing the number of fatal and non-fatal drug overdoses.



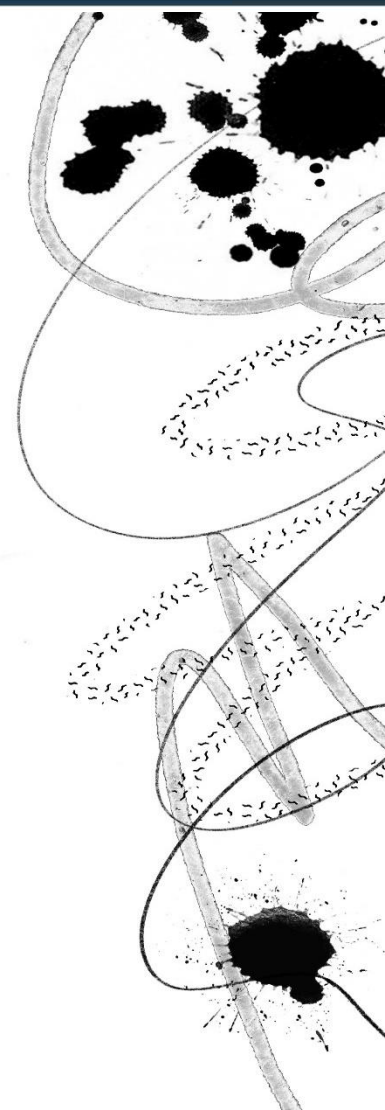
Promising Practices from States Utilization of CARES Funding Across New England

Massachusetts

- **COVID-19 specific groups:** Women who experience post partum depression from increased isolation and stress due to COVID-19 and the inability to interact with their natural supports. A support group was formed specifically for this prenatal and postnatal group.

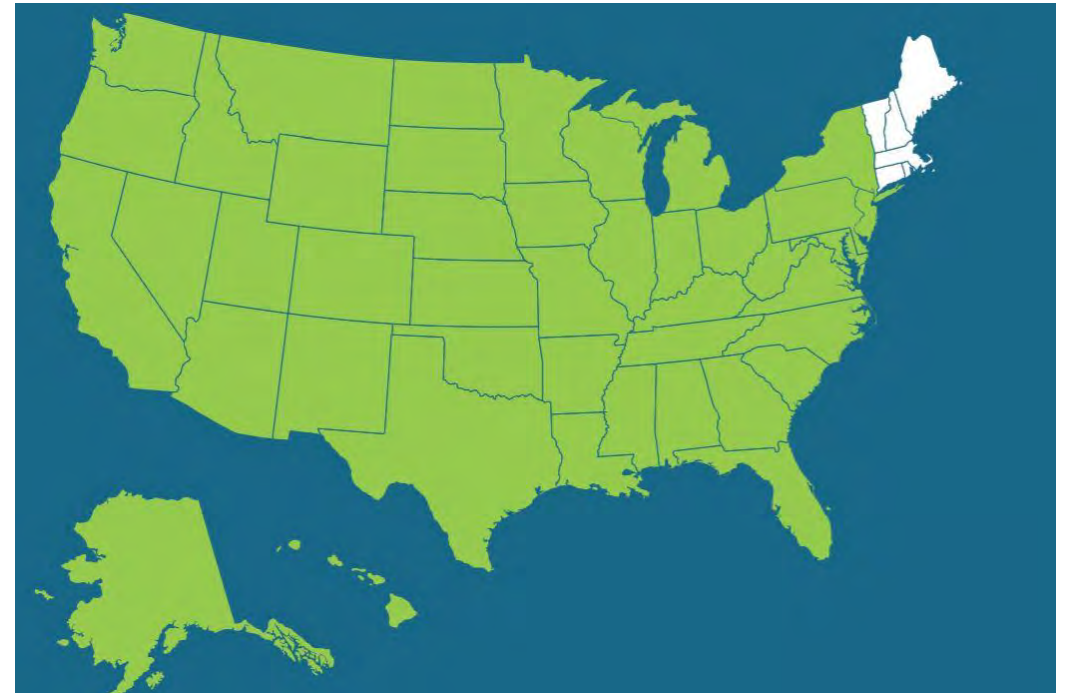
New Hampshire

- \$500K filtered through an existing Community Action Program initiative (also funded with CARES money) specifically for rental/fee assistance for sober housing. \$450K for respite shelters for individuals awaiting residential treatment or other longer-term housing solutions. While in respite, individuals received support with identifying treatment options as well as addressing other social influencers of health.



Happening Now and on the Horizon

- [SAMHSA Communities Talk](#)
 - [Sound of Your Voice](#)
 - [College Drinking Discussion Guides](#)
 - [Quick Start Planning Guide](#)
- [Certified Community Behavioral Health Centers \(CCBHC\)](#)
- [NIDA – National Drug and Alcohol Facts Week](#)
- [Nationwide Mental Health Crisis And Suicide Prevention Number: 9-8-8](#)
- [National Guidelines for Behavioral Health Crisis Care](#)
- [Crisis Services: Meeting Needs, Saving Lives](#)



New SAMHSA Training Centers to Support Healthcare Providers

- [African American Center of Excellence \(AABH-COE\)](#)



African American Behavioral Health
CENTER OF EXCELLENCE

- [Center of Excellence on LGBTQ+ Behavioral Health Equity \(CoE LGBTQ+ BHE\)](#)



CENTER of EXCELLENCE
LGBTQ+ BEHAVIORAL HEALTH EQUITY

- [The Homeless and Housing Resource Center \(HHRC\)](#)



HOMELESS &
HOUSING
RESOURCE
CENTER

- [E4 Center of Excellence for Behavioral Health Disparities in Aging](#)



CENTER
Center of Excellence for
Behavioral Health Disparities in Aging

- [National Family Support Technical Assistance Center \(NFSTAC\)](#)

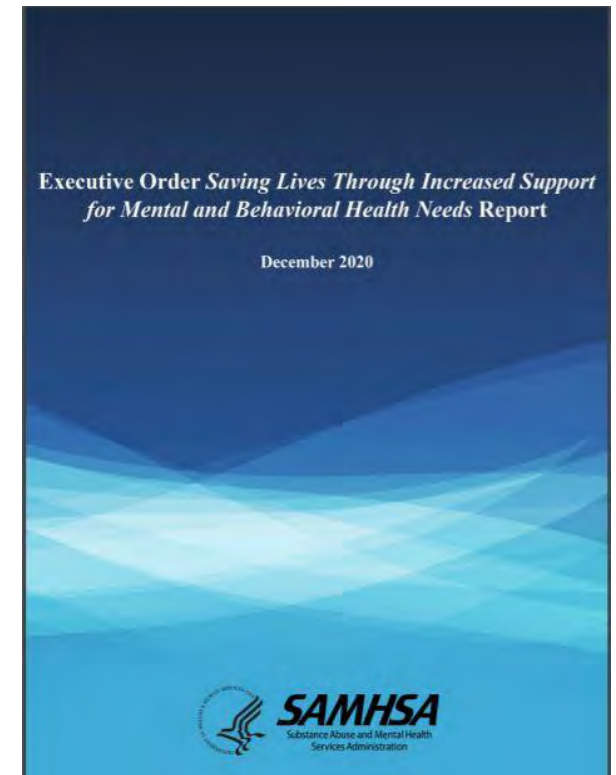
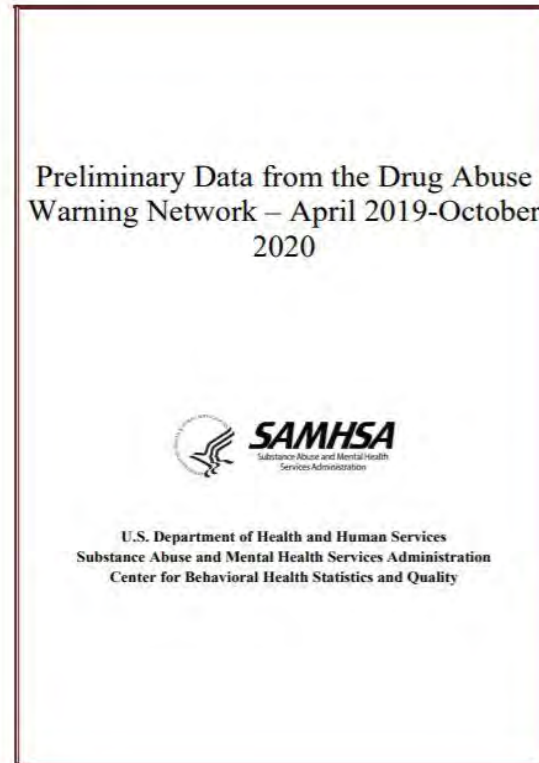


NATIONAL FAMILY SUPPORT
TECHNICAL ASSISTANCE CENTER
Providing Family Support Across the Lifespan

- [Peer Recovery Center of Excellence](#)



Newly Released Resources





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Current Topics



Saving Lives Through Increased Support for Mental and Behavioral Health Needs Report



SAMHSA releases preliminary report on the Drug Abuse Warning Network



Addressing Mental Health, Homelessness, and Addiction Report



SAMHSA releases report on behavioral health workforce needs



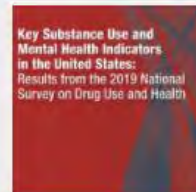
New publication available: "Crisis Services: Meeting Needs, Saving Lives"



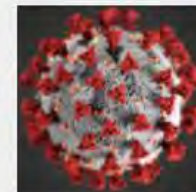
SOR program demonstrates positive results for patients served



New mobile app: My Mental Health Crisis Plan



NSDUH 2019 shows key findings on mental health and substance use



COVID-19 Guidance and Resources

Thank You!

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.



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