



Governor Gina M. Raimondo's Task Force on Overdose Prevention and Intervention

April 8, 2020

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DEVELOPMENTAL DISABILITIES, AND HOSPITALS



WELCOME & ANNOUNCEMENTS



Strategic Response: Addressing the Opioid Epidemic During the Coronavirus Disease 2019 Pandemic

APRIL 8, 2020

LINDA MAHONEY, CAADC, CS, SOTA

ADMINISTRATOR II - BHDDH



Step by Step

- ▶ Gratitude for Preparations
- ▶ History with Methadone
- ▶ Take Home Schedules
- ▶ COVID-19 Planning and Implementation
- ▶ Buprenorphine
- ▶ SUD Residential
- ▶ Recovery : Peer Call in Numbers



Federal and State Regulating Bodies

Department of Health & Human Services (HHS) (FDA)

- ▶ Application/approval
- ▶ Standard of Care
- ▶ Certification
- ▶ Organizational Structure
- ▶ Enforced compliance

Drug Enforcement Administration

- ▶ Security of Stock
- ▶ Maintenance of Records
- ▶ Monitoring that Diversion Does Not Increase
- ▶ Prescriber Monitoring



Take Home Schedules

Prior to COVID-19

- ▶ 1-90 days 1-2 Take Home
- ▶ 91-180 days 2-3 Take Homes
- ▶ 181-270 days 3-4 Take Homes
- ▶ 271-365 days 6-7 Take Homes
- ▶ After 1 year Up to 14 days
- ▶ After 2 year Up to 28 days

COVID-19 Changes

- ▶ Stable: Up to 28 Days
- ▶ Less Stable Up to 14 days MD review
- ▶ Inappropriate for Take Homes
 - ▶ Inductions
 - ▶ Recent OD, Release from Hospital, Detox, Residential or CSU
 - ▶ Hx of diverting medication or current misuse of methadone or other drugs including alcohol



COVID-19 Planning and Implementation



Buprenorphine/Injectable Naloxone Changes

EAST BAY SUBOXONE 401-246-1195

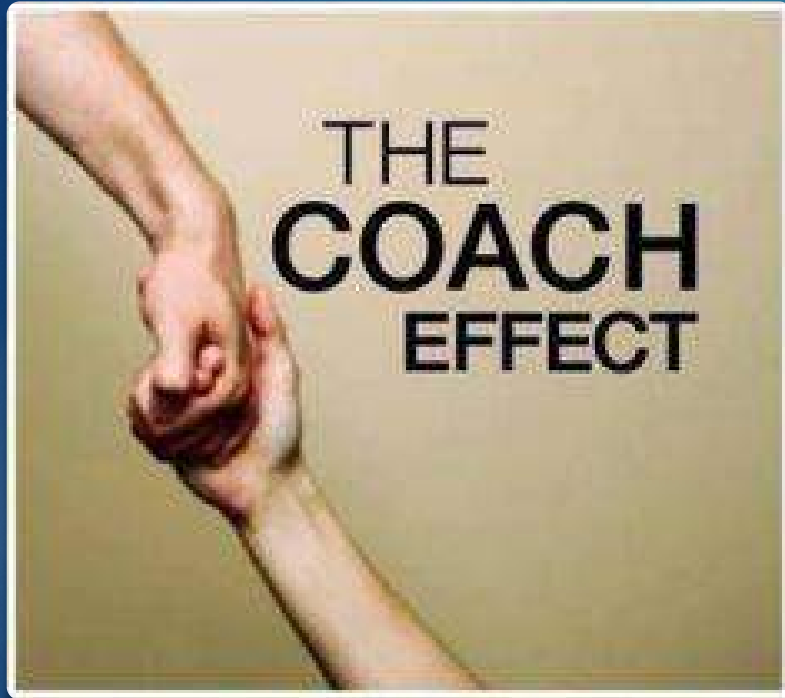
OCEAN STATE- URGENT CARE 401573-9662

PONI-401-487-2194

STATE WIDE BUPRENORPHINE CALL LINE



SUD Residential/Shelters



Treatment is
available.

Recovery is still
Possible!



- SAMHSA **Disaster Distress Helpline** has significant telehealth capability and provides 24/7 crisis counseling and support for people experiencing emotional distress related to disasters. Counselors have been trained in assisting anxious callers and have the capability to handle social isolation and distancing concerns. This multilingual, confidential crisis support service is available to all US and territory residents at **1-800-985-5990; TEXT: “TalkWithUs” to 66746.**
- **Online recovery support meetings** available including 12-step fellowships, SMART Recovery, Recovery Dharma and many others on [In the Rooms](#).
- Hazelden Betty Ford webpage “[Tips for Staying Connected and Safeguarding Your Addiction Recovery](#)” contains online support meetings, podcasts/blogs, mobile apps, social media groups, and movie/video suggestions.
- Shatterproof “[How I’m Coping with COVID-19 and Social Isolation as a Person in Long-Term Recovery](#)” provides helpful suggestions of what to do (exercising, reaching out, praying, meditating, focusing on my breathing, listening to music, doing projects you’ve been putting off) and NOT to do (monitor time on social media, negative self-talk, eat too much unhealthy food, watch the news 24/7).
- SAMHSA “[Tips during and Infectious Disease Outbreak \[store.samhsa.gov\]](#)” with information about a helpline as well as other tips for **social distancing, quarantine, and isolation** during and infectious disease outbreak.

Recovery Stepping Up



Call Lines Open 8 a.m.-8 p.m.

East Bay Recovery Community: 401-302-6231 English
401-602-6735 Spanish

PSN Hope Recovery Community Center:
Westerly: 401-598-6400
Newport: 401- 619-1343

CCA Serenity Center:
Woonsocket: 401-808-4810

Providence Anchor Community:
Providence/Pawtucket area: 401-889-5770

RICARES: Providence: Naloxone and Fentanyl test kits:
Text or call requests into to 401-408-6804 or 401-487-3866 onsite pickup only at 134 Mathewson St.,
Providence

COMMUNITY OUTREACH DURING COVID-19

Parent Support Network:
Community Outreach Response Efforts Team

Peer to Peer Support While Social Distancing

Hope Recovery Centers of Rhode Island

- Converted in-person support groups to virtual/call-in formats.
- Supporting peers on how to transition to a virtual format
- Offering peer to peer mental health and SUD support over the phone through extended hours (8AM-8PM)



COVID- 19 Certified Peer Recovery
Available Response Call Lines
Available 8:00-8:00 pm|

East Bay Recovery Community Center:
401-302-6231 English
401-602-6735 Spanish
Full-time drop-in naloxone distribution

PSN Hope Recovery Community Center:
Westerly: 401-598-6400
Newport: 401- 619-1343
Naloxone delivery: 401-500-2998

CCA Serenity Center:
Woonsocket: 401-808-4810

Providence Anchor Community
Providence/Pawtucket area: 401-889-5770

RICARES: Providence: Naloxone and Fentanyl test strips or call requests into to 401-408-6804 or 401-487-8866 onsite pickup only at 134 Mathewson St



HOW TO USE GO TO MEETING

For Online/Dial-in Meetings

For Computer Use:

<https://www.youtube.com/watch?v=95dRdnMMgbQ>

General Assistance with App:

<https://www.gotomeeting.com/meeting/resources/gotomeeting-quick-and-helpful-guide-for-attendees>

HOPE RECOVERY VIRTUAL MEETINGS

globalgotomeeting.com/join/361483053

By Phone: 1-872-240-3311 Passcode: 361-483-053

MONDAY

HOPE
INSPIRATION
9:15 to 9:45

HELPING
WOMAN
RECOVER
12:30PM to
1:30PM

ALL
RECOVERY
2PM to 3PM

TUESDAY

HOPE
INSPIRATION
9:15 to 9:45

NAMI
CONNECTION
10:00AM to
11:30AM

ALL
RECOVERY
2PM to 3PM

WEDNESDAY

HOPE
INSPIRATION
9:15 to 9:45

M.A.R.S
10:30AM to
11:30AM

SMART
RECOVERY
12:00PM to
1:30PM

ALL RECOVERY
2PM to 3PM

RI FATHERHOOD
INITIATIVE
SUPPORT GROUP
5:30PM to 7:00PM

THURSDAY

HOPE
INSPIRATION
9:15 to 9:45

GUIDED
MEDITATION
10:30AM to
11:00AM

ALL
RECOVERY
2PM to 3PM

FRIDAY

HOPE
INSPIRATION
9:15 to 9:45

DHARMA
RECOVERY
12:30PM to
1:30PM

ALL
RECOVERY
2PM to 3PM



Targeted Community Outreach

- Limited “boots on the ground” activity to mitigate risk of transmission of COVID-19
- Implementing outreach in safe and effective ways
- Collaborating with “grab and go” meal sites, to distribute harm reduction supplies, basic needs and recovery resources
- Delivering naloxone to individuals throughout the state
- Distributing Naloxone to facilities who are currently providing direct services



NEED NALOXONE?

CONTACT US FOR HOME DELIVERY!

(401)500-2998

parent
support
network
OF RHODE ISLAND

Team • Hope Recovery CORE

Overdose Rates Lowered During COVID-19

Overdose Rates Have Decreased Significantly; *Possible Causes:*

- Lack of reporting, due to avoidance of EMS/ER
- Lowered use due to current climate of quarantine
- Lack of availability in substances, particularly Fentanyl

What We Hope to Discover Through Outreach Efforts and Data:

- Is this reflective of a true narrative surrounding PWUD
- What will transpire from the disruption of Fentanyl production
- Are PWUD able to access the services they need during this time (MAT, Treatment, IOP)

QUESTIONS & COMMENTS



Sarah Edwards CPRS

Manager | CORE
Team

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Project Weber/ RENEW COVID-19 Harm Reduction Response

Dennis Bailer, Overdose Prevention Program Director

Our response

1 Drop-in Center open limited hours

- Open 11 - 3 Monday - Friday for brief harm reduction services only
- Purchased a hand washing station for outside, working to get that installed by the end of the week
- Purchasing phones for clients who need to engage in telehealth but do not have phones

2 Outreach continues, also limited hours

- 12 - 4pm daily, increased the amount of basic needs we are distributing because we saw large numbers being hungry
- Also distributing Narcan, needles, fentanyl test strips, condoms, etc.
- Shifted outreach to target areas where people are congregating (food pantries, shelters, etc)

3 Information/material sharing

- We worked with RICARES, Parents Support Network, Prevent Overdose RI, ACOS, CCA and Systems Change Strategies to create a flyer on harm reduction and recovery resources during the COVID-19 (see next)
- Distributing Harm reduction materials through partners like Amos House and Discovery House

- Flyer created by PWR and partners (RICARES, ACOS, PSN, SCS, CCA, and PORI) for distribution to clients, particularly those without internet access. We have also translated it into Spanish.
- Other partners in other zip codes (outside 02907 can create their own version using this as a template.
- PreventOverdoseRI has also created a statewide version that they are printing and we are distributing.

Harm Reduction

DURING THE COVID-19 OUTBREAK



COVID-19 is a highly contagious viral respiratory disease that causes symptoms including high fever, cough, and shortness of breath. It can be transmitted from person to person even when no symptoms are present. Limiting contact with others is critical in preventing a global outbreak from overwhelming our healthcare system. While organizations close or shift operations in response, resources are still available to support safer drug use and recovery.

RESOURCES IN 02907

Safer Use

Drop-In Services

- Narcan/Naloxone, Needle Exchange, Fentanyl Test Strips, Safer Sex Supplies & Health Screenings
 - 640 Broad Street, Providence RI 02907 M-F 11am-3pm (Project Weber Renew)
 - 557 Broad Street, Providence RI 02907 M-F 10am-1pm, T-Th 6pm-8pm (ACOS/ENCORE)

Narcan/Naloxone Home Delivery

- Call or text 401-808-4869 (Serenity Center)
- Call 401-500-2998 (Parent Support Network of RI)
- Call 401-781-0665 M-F 10am-1pm (ACOS/ENCORE)
- Text 401-680-0198 M-F 10am-3pm (RICARES)

Fentanyl Test Strip Home Delivery

- Call 401-781-0665 10am-1pm M-F (ACOS/ENCORE)
- Text 401-680-1098 10am-3pm M-F (RICARES)

Supports

Online Recovery Supports

- intherooms.com/home/
- unityrecovery.org/digital-recovery-meetings

Peer Recovery Specialists

- Call 401-889-5770, 8am-8pm (Anchor Recovery Community Center)
- Call 401-408-6804 (RICARES)

Crisis Supports

- Call 401-414-5465 for assistance and triage (BH Link)
- Call 1-800-985-5990 or text TalkWithUs to 66746 for multilingual confidential coaching (SAMHSA)
- Call 1-855-543-5465 24/7 for children (Kids' Link RI)



Staff response:



- PWR staff are keeping ourselves updated on the constantly adjusting Detox/treatment/ Sober living landscape so as to provide the most up to date info to clients
 - Drop in center and outreach van are being cleaned/disinfected after each client and after each shift.
 - All staff are working in pairs, two at a time. If one staff in that pair is infected, only that pair will have to be out
 - Staff are using PPE all the time, masks and gloves and washing hands regularly.
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Learn how to save a life!

FREE NARCAN TRAINING ON FACEBOOK LIVE

After the training is over, call or email us to
schedule your free delivery of Narcan!

Email: Info@weberrenew.org or call:

For Southern RI: Call Parent Support
Network at 401-500-2998

For Providence Metro Area, call Project
Weber/RENEW 401-383-4888

For Northern RI, call RICARES: 401-680-0198

APRIL 7, 2020 2PM

Presented in partnership by Project Weber/RENEW,
Parent Support Network, and RICARES



- Hosting online Narcan trainings
 - Partnering with harm reduction partners to distribute Naloxone across the state
 - Working with partners to increase telehealth options
 - Increasing information sharing amongst providers to decrease gaps in services
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Thank you!

Questions?

Dennis Bailer

dbailer@weberrenew.org or

401-383-4888





PUBLIC COMMENT